

WSKK

# MARTIAL ARTS

SELF-DEFENCE

FITNESS

CONFIDENCE

*"We empower our students to unleash their full potential using martial arts to develop self-confidence, increase physical fitness & learn valuable leadership skills."*

## 2023 Timetable

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					Little Ninjas (Ages 3-6) 9:00am - 9:30am
					Beginner (All Ages) 9:30am - 10:30am
					Intermediate - Advanced (All Ages) 10:30am - 11:30am
Little Ninjas (Ages 3-6) 4:30pm - 5:00pm		Little Ninjas (Ages 3-6) 4:30pm - 5:00pm			
Beginner (All Ages) 5pm - 6pm	Kids Ages 7-12 (All Grades) 5pm-6pm	Beginner (All Ages) 5pm - 6pm	Kids Ages 7-12 (All Grades) 5pm-6pm		
Intermediate - Advanced (All Ages) 6pm - 7:30pm	Teens & Adults (All Grades) 6pm-7:30pm	Intermediate - Advanced (All Ages) 6pm - 7:30pm	Teens & Adults (All Grades) 6pm-7:30pm		

### BEGINNER

- White
- Orange
- Orange Senior
- Red

### INTERMEDIATE

- Red Senior
- Blue
- Blue Senior
- Yellow

### ADVANCED

- Yellow Senior
- Green
- Green Senior
- Brown
- Brown Senior
- Black